

MSUAASF Benefits Summary 2026



Minnesota State Moorhead offers a comprehensive benefits package including health insurance, retirement plans, life and disability insurance, employee assistance program that promotes health and well-being, along with paid leaves and opportunities for continuing education. The benefits listed below are subject to change pending state and federal legislation.

Health, Dental, and Vision Insurance

Employees who are scheduled to work at least forty (40) hours each week for a period of nine (9) months or more in any twelve (12) consecutive months, excluding part-time or seasonal employees serving on less than a seventy-five (75) percent basis, are eligible for the full employer contribution toward health, dental and basic life insurance. Some part-time and seasonal employees are eligible for a partial employer contribution toward insurance. All insurance coverage is effective after the 30-calendar day waiting period.

Health Insurance as of January 1, 2026

Health Plan	Employee-Only Cost			Employee + Dependent Cost (Family)		
Blue Cross Blue Shield of MN	\$24.47	\$48.94	\$587.28	\$166.96	\$333.92	\$4,007.04
HealthPartners	Bi-weekly	Monthly	Annually	Bi-weekly	Monthly	Annually

There are two different medical insurance carriers that employees can choose from that offer the same schedule of benefits. The two carriers have different networks of primary care clinics and specialty providers. All primary care clinics have been assigned one of four cost levels, based on the amount that provider charges for specific medical services. Employees share some of the cost of medical services by paying copays, deductible and coinsurance. The amount of cost sharing depends on the level of the enrollee's primary care clinic. Referrals are generally necessary to see a specialist. Our comprehensive health coverage now includes fertility treatment and mental health services.

Dental Insurance as of January 1, 2026

Dental Plan	Employee-Only Cost			Employee + Dependent Cost (Family)		
State Dental Plan (Delta Dental)	\$7.25	\$14.50	\$174.00	\$30.93	\$61.86	\$742.32
HealthPartners	Bi-weekly	Monthly	Annually	Bi-weekly	Monthly	Annually



There are two different dental insurance carriers that employees can choose from, both that offer the same schedule of benefits. Each of the dental plans offers comprehensive coverage for most conditions requiring dental diagnosis and treatment, including orthodontic treatment. Employees should verify with their insurance carrier that their dentist is in-network.

Vision Insurance as of January 1, 2026

Vision Plan	Employee-Only Cost			Employee + Dependent Cost (Family)		
MetLife Vision Plan (Superior Vision Network)	\$2.09 Bi-weekly	\$4.18 Monthly	\$50.16 Annually	\$5.99 Bi-weekly	\$11.98 Monthly	\$143.76 Annually

The MetLife Vision Plan is optional and designed to supplement your family's medical coverage. It's available to benefit eligible employees, whether you're enrolled in the state's MN Advantage Health Plan or are covered elsewhere. MN Advantage Health Plan members may select the MetLife Vision Plan no matter which plan administrator you are enrolled in for your medical coverage. While our medical plan covers your eye exam, the MetLife Vision Plan helps cover the costs of eyeglasses or contact lenses and offers discounts on LASIK and more. The vision plan uses the Superior Vision Network of retailers and independent provider offices.

Basic Life Insurance

The employer provides and pays for the following term life coverage and accidental death and dismemberment coverage for eligible employees. Any premium paid by the State in excess of \$50,000 coverage is subject to tax liability in accordance with Internal Revenue Service Regulations. An employee may decline coverage in excess of \$50,000. The basic life insurance policy includes an accelerated benefits agreement providing for payment of benefits prior to death if the insured has a terminal condition. Your benefit is based on annual salary with a maximum coverage of \$200,000.

Optional Insurance

The following optional insurance(s) may be purchased through the State Employee Group Insurance Program (SEGIP). Certain amounts of initial coverage are available without evidence of insurability.

Life Insurance

Up to \$500,000 employees may purchase additional life insurance for themselves or their spouse. New employees may apply for life insurance up to two times their annual salary evidence free. Spouse life is available to new employees, evidence free, in amounts of \$5,000 or \$10,000. Coverage of \$10,000 for each dependent child/grandchild/foster child is also available.

Accidental Death and Dismemberment Insurance

This optional coverage may be purchased for employees (maximum of \$200,000) and spouses (maximum of \$25,000).



Short-Term & Long-Term Disability Insurance

Short-term disability coverage provides income for up to 180 days if an employee becomes totally disabled due to an illness, injury, or pregnancy. Long-term disability coverage provides income beyond 180 days or total disability. Premiums paid by employee.

Mandatory Retirement Plans

ASF employees participate in either the Individual Retirement Account Plan (IRAP) or Teacher Retirement Association (TRA) based on prior retirement service credit in the State of MN. Employees will have one year from the date of retirement eligibility to elect the alternate retirement plan.

Plan Name	Bi-Weekly Employer Contributions	Bi-Weekly Employee Contributions
Individual Retirement Account Plan (IRAP)	8.75%	8.00%
Teacher's Retirement Association (TRA)	9.81%	8.00%

Individual Retirement Account Plan (IRAP)

IRAP is a defined contribution plan in which retirement benefits are based on the dollar amount in your account at retirement. Your account, which includes your contributions, employer contributions, and investment earnings, is yours beginning on the date of your first contribution. You make all the investment decisions, and you can change the investment funds as often as allowed by the fund managers. Employees are fully vested upon entry into State service. Both the IRAP and the Supplemental Retirement Plan are managed by TIAA.

Teacher's Retirement Association (TRA)

TRA is a defined benefit plan (401(a)), which upon retirement, provides you with a monthly benefit for your life based on a formula that includes your final high-five average salary, years of allowable service credit and age at retirement. TRA requires a minimum of three years participation for vesting and provides a guaranteed lifetime annuity.

Supplemental Retirement Program (SRP)

Participation in SRP is mandatory following two years of full-time covered service regardless of whether you participate in IRAP or TRA. SRP is a defined contribution plan with the same investment vendors as IRAP plan. The employee contributes 5% of salary after the first \$6,000 up to a maximum deduction of \$2,250 a year with an employer match.



Voluntary Retirement Plans

Deferred Compensation Program

The State of Minnesota Deferred Compensation Plan is a voluntary plan that allows employees to place a portion of earnings into a tax-deferred investment program under section 457 of the Internal Revenue Code. This program is managed by the Minnesota State Retirement System (MSRS).

Tax-Sheltered Annuity Program

A tax-sheltered annuity program is a voluntary retirement savings program available to employees of educational institutions. Tax sheltered annuities are often referred to as 403(b) - the IRS code section that regulates this type of plan. This plan allows a Roth option for contributions. This program is managed by TIAA.

Paid Leaves of Absence

Holidays

- There are twelve (12) paid holidays per year, one of which is a floating holiday. Eligible employees who normally work less than full time shall receive holiday pay on a prorated basis.

Vacation Leave

- All ASF employees holding 12-month appointments shall accrue 6.75 hours per pay period through the first 8 years of employment. The amount accrued increases thereafter. Vacation balance of up to 275 hours can be carried over each year.

Sick Leave

- 120 hours of sick leave (15 days) shall be credited to all full-time probationary members at the time of their employment. Beginning with the 31st pay period of employment, each employee will be credited with 4 additional hours of sick leave for each succeeding pay period of service.
- Sick leave carries over from year to year. Severance payment upon retirement is based on the sick leave balance. Severance pay is transferred to the employee's Health Care Savings Plan Account.

Personal Leave

- An ASF employee, who has at least 6 months of service, may be granted up to 4 days leave per fiscal year for personal situations.

Sabbatical Leave

- In order to be eligible, an ASF employee must have completed at least six consecutive years of service. The leaves may be granted for four months at full base pay, or for up to twelve months at two-thirds pay.

Other paid leaves include military, parental, court related, emergency, and adoption leave.



Other Benefits & Programs

Tuition Waiver

ASF employees are eligible to enroll, on a space available basis, in courses at any state university in the MinnState System without payment of tuition or fees, except laboratory and special course fees. This tuition waiver is available for up to 30 semester credits per year (from Fall Semester through Summer Session). The member's spouse or dependent children may share this right within the limit established above, with waiver of tuition only. Tuition waived for graduate level (Masters & PhD) courses is reported as taxable income for the employee.

Flexible Spending Account – FSA (Pre-Tax) Benefits

The Medical/Dental Expense Account allows employees to pay for certain medical and dental expenses with pre-tax dollars that are not covered by insurance. The Dependent Care Expense Account allows employees to pay for dependent care expenses with pre-tax dollars. There are maximum deposit limits of \$3,400 per year for the Medical/Dental (MDEA) and \$7,500 per year for the Dependent Care (DCEA) accounts.

Legal Plan

The Legal Plan through [Metlife](#) provides access to attorneys and other services. For \$16.16 a month you will have access to a network of experienced and vetted attorneys available online, by phone, or in person. The [plan](#) covers you and your dependents.

Health Care Savings Plan

For all externally funded, probationary, or permanent ASF employees who have served five (5) consecutive appointment years, so long as the ASF employee has sufficient earnings in the pay period to take the deduction, a total of \$300 is deducted in equal amounts from each of the full 25 pay periods during the fiscal year. The employer will also make a one lump-sum contribution of \$300 to each insurance eligible ASF employee's health care savings plan the first pay period in the calendar year.

Employee Assistance Program

A cost-free, confidential, and voluntary service available to employees and their immediate family members. The [Employee Assistance Program](#) offers free personal and family counseling, consultations for financial and legal matters, concierge services, well-being webinars, and much more.

Discounts

[Healthy Discounts](#) are available to employees who elect medical coverage through the State of MN. Blue Cross Blue Shield and HealthPartners partner with a variety of health and wellness organizations to provide discounted programs and services. Examples include discounted fitness programs, hearing and vision services, nutrition packages, various apparel, personal care items, pet and baby items, and much more!

Some local and national companies offer discounts for government employees. You may be eligible to receive a discount if you let them know you work for the State of MN.



Professional Development Fund

The state universities are allocated \$570,000 for the System to be distributed to the campuses on an FTE basis. The Campus Association and Employer shall implement an equitable procedure for distribution of funds. Funds may be used to pay for cost of professional development activities as well as professional members, books, journal, electronic subscriptions, and software.

Professional Improvement Fund

A total of \$100,000 will be allocated to the State Universities according to the number of full time FTE's in the bargaining unit at each university. These funds shall be grants for the purpose of professional improvement, ASF employee development, staff training and similar kinds of development programs for ASF employees.

Public Sector Loan Forgiveness Program (PSLF)

The Public Sector Loan Forgiveness Program (PSLF) was established by Congress in 2007 to encourage individuals to work in public service by forgiving the remaining student loan balance of their federal Direct Loans after they have made 120 qualifying payments while employed by a qualifying employer. Minnesota State Moorhead is a qualifying employer. To participate you must make 120 qualifying monthly payments:

- On a federal Direct Loan
- While employed in full-time paid work for Minnesota State Moorhead or another qualifying employer (or in multiple part-time positions equal to full-time for qualifying employer(s))
- Through a qualifying repayment plan

Although not required, employees are strongly encouraged to complete an annual [Employment Certification for PSLF Form](#) and submit the completed forms to [FedLoan Servicing](#). Contact your student loan servicer(s) to determine if you have qualifying loans and to discuss the best options for you.

Additional information is also available at the [OHE website](#), and at the U.S. Department of Education website [Federal Student Aid](#).

Savi (for the PSLF Program)

Minnesota State partners with Savi, a service provided to help employees navigate student debt forgiveness and find the best loan servicing programs. [Savi Essential](#) can help you navigate the complex rules and procedures with the PSLF program. For an annual fee of \$60, Savi can support you with various Public Sector Loan Forgiveness (PSLF) tasks, handle paperwork on your behalf and remind you when it's time to recertify for the next year. Specifically, Savi can help you:

- Determine if your loan(s) qualify for forgiveness
- Identify the best repayment method for your loan and your estimated monthly payment
- Estimate how much money will be forgiven and when
- Consolidate your loan(s), if needed, to conform with the PSLF Limited Waiver requirements
- Generate any required forms, help you complete them, check them prior to submission and then submit them on your behalf
- Monitor your submitted applications and forms with loan servicers and your employer
- Track your PSLF credits once you start making loan payments under the program
- Update you on any policy changes